

Lincoln Wheelers Go-Ride Club



Code of Conduct

Introduction

It is the responsibility of Members, and everyone involved with Lincoln Wheelers Go-Ride Club to help ensure that it remains a safe place, free from discrimination, fear and where possible, risk. An important component of maintaining a quality Club culture is to set standards of acceptable behaviour which must be upheld by all involved and those participating in Club sessions and competitions. The Code of Conduct applies to all involved in Lincoln Wheelers Go-Ride Club Activities including:

- Members and visitors
Coaches and volunteers
- Parents and carers

All coaches, volunteers, Club Members and visitors agree to:

- Be always courteous and respectful to others and display high standards of conduct and behaviour.
- Treat everyone equally within the context of their sport and respect the rights, dignity and worth of every person, regardless of age, ability, gender, race, ethnicity, religious or political beliefs, sexuality or social / economic status.
- Value and celebrate diversity and make all reasonable efforts to meet individual needs.
- Not condone, or allow to go unchallenged, any form of discrimination if witnessed.
- Prioritise the well-being of children and adults at risk at all times.
- Be a positive role model and act with integrity, even when no one is looking.
- Help to create a safe and inclusive environment during sessions and events.
- Encourage all participants to learn the rules for the relevant sport and play within them, respecting the decisions of cycling officials.
- Not smoke, drink or use banned substances while actively coaching or working with young people in the Club.
- Not allow any rough or dangerous behaviour, bullying or the use of bad or inappropriate language.
- Not use any sanctions that humiliate or harm a child or adult at risk.
- Have the relevant consent from parents / carers, children and adults before taking or using photos and videos.
- Report all concerns and any allegations of abuse or safeguarding to the Club's Welfare Officer or in their absence to the Coach leading the session. Report to British Cycling Lead, 0161274200. If someone is in immediate danger, call the Police (999).
- Adhere to the Club's Rules, Bye-Laws, Code of Conduct and Policies and procedures.

All coaches and volunteers agree to:

- Ensure roles and responsibilities are clearly outlined and everyone has the required information and training.
- Keep clear boundaries between professional and personal life, including on social media.
- Follow and comply with the Club's Safeguarding Policy.
- Refrain from making physical contact with children or adults unless it is necessary as part of an emergency or congratulatory (e.g., handshake / high five).
- Avoid being alone with a Rider unless there are exceptional circumstances.
- Refrain from transporting children, unless this is required as part of Club activity and there is another adult in the vehicle.
- Not abuse, neglect, harm or discriminate against anyone; or act in a way that may be interpreted as such.
- Not have a relationship with anyone under age 18 (eighteen) who they are coaching or responsible for.
- Be acutely aware of the power that coaches, and coaching assistants, develop over Riders in the coaching relationship and avoid any intimacy (sexual or otherwise) with Riders.

All children (under age 18) agree to:

- Be friendly, supportive and welcoming to other children and adults.
- Ride fairly and honestly.
- Respect Club Coaches, Volunteers and Officials and respect their decisions.
- Behave, respect and listen to your Coach.
- Take care of your equipment and Club property.
- Respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, culture, religion or sexual identity.
- Not use bad, inappropriate or racist language including on social media.
- Not bully, intimidate or harass anyone, including on social media.
- Not smoke, drink alcohol, use or take drugs of any kind on Club premises or whilst representing the Club at competitions or events.
- Talk to the Club Welfare Officer, Janice Spratt about any concerns or worries they have about themselves or others.

All parents and carers agree to:

- Positively support their child and show an interest in their Cycling.
- Use appropriate language at all times.
- Be realistic and supportive.
- Recognise good performance and not just race results.
- Never ridicule or admonish a child for making a mistake or losing a race.

- Treat all children, adults, volunteers, coaches and officials with respect.
- Behave responsibly at the venue: do not embarrass your child.
- Accept the official's decisions.
- Encourage your child to play by the rules and teach them that they can only do their best.
- Deliver and collect your child punctually from the Club.
- Ensure that your child has appropriate clothing for the weather conditions.
- Ensure that your child understands their Code of Conduct.
- Adhere to the Club's Rules, Code of Conduct and procedures.
- Adhere to British Cycling's technical regulations.
- Provide emergency contact details and any relevant information about your child including medical history.

Code of Conduct – Acceptable Standards and Breaches

The Club will also have regard to the following when considering whether standards of behaviour are acceptable:

- The Club's Rules, Bye-Laws, Sports Section Rules and playing etiquettes.
- The Rules, Regulations, British Cycling's technical regulations and the Codes of Conduct.
- The relevant Club Policies and Procedures, including but not limited to Data Protection/Privacy Policy, Equality and Diversity Policy, Safeguarding Policy and Whistleblowing Policy.
- The applicable laws, regulations and guidelines where relevant e.g., health and safety, data protection, fire and smoke, equality and safeguarding.
- The role and duties of the Coaches, Club Welfare Officer and other said Volunteers, as appointed such persons are expected to demonstrate the highest standards of conduct themselves, set the tone and lead by example.

By signing the Clubs Code of Conduct, you agree to abide by the Code.

Rider name:

Signed:

Date:

Parent name:

Signed:

Date:

Club Official name:

Position:

Signed:

Date: